

# blessing of breaking

## Small Group Discussion

### Womb Wars IV: Choose Fear or a New Name

Story of Jacob Week 8: Genesis 32

#### Getting Started

- Are there any areas of life where you fear losing control? What is your gut reaction when that comfort or control is threatened?

#### Static Questions

- **What was the passage about?**
  - Note the key details (Who, What, When, Where, Why, etc.)
  - Pay attention to the main *points* of the passage.
- **What did you learn?**
  - What did the passage reveal about God? About people?
  - Was there a promise or command or a warning?
  - What is the big idea of the passage?
  - What lessons do you see?
- **How will you apply it?**
  - How does this passage relate to your life right now?
  - What change in your thinking or behavior is needed to align with the truths in this message?
  - How should you respond based on what you learned?

#### From the Teaching this Morning

- Some fears should be heeded, for example, the fear of a vehicle coming at you on an icy road. How can we determine if a fear is a legitimate warning, or a feeling to be overcome by faith?
- What is the line between healthy concern and unhealthy anxiety?
- How can we recognize when we've put too much confidence in our own plans and cleverness and not enough trust in the Lord?

#### Application Questions

- Reflect on a time when you came face-to-face with the reality that you were helpless in a specific situation and God came through for you. Share that experience with someone and reflect on how that experience of God's faithfulness might help you in future trials.

